



# Northbourne News

3<sup>rd</sup> March 2023

Northbourne has been a very different place without those Year 6 pupils who have spent the week in Wales – they have been missed and we are looking forward to hearing all about their time away. We will be in contact with you shortly to let you know the date for the Plas Pencelli celebration assembly. Another significant difference to our normal week involved the Year 5s taking part in their Bikeability. We still have two days left next week for those children who have yet to have their sessions. Feedback from the instructors has been extremely positive so far. As we expect from Northbourne pupils, I was told that the children were well-behaved and polite. Well done to all Year 5s who took part.

## Financial Support

Due to this extremely high level of demand the Household Support Fund is now closed in South Oxfordshire. They are no longer accepting any new applications for this fund. However, other help is still available. If you are struggling due to cost-of-living pressures the Community Hub can help. They offer a wide range of advice, including information on free or affordable food banks and council tax support. They can also signpost residents to debt advice, other cost-of-living support, information on housing support as well as guidance on how you can look after your mental health and wellbeing.

If you feel you need support, you can contact the Community Hub Team during office hours on 01235 422600 or email [communitysupport@southandvale.gov.uk](mailto:communitysupport@southandvale.gov.uk)

<https://www.southandvale.gov.uk/wp-content/uploads/2022/11/Cost-of-Living-eleaflet-for-websites.jpg>

## Swimming

The Wave has asked us to remind parents that they are not permitted to watch their child's school swimming lesson.

## Gloji Energy

A new programme called Gloji Energy which is a healthy lifestyle programme for children aged 4-12 years old, funded by Oxfordshire County Council, is now available.

It is a free 12-week programme which provides children with 45 minutes of physical activity whilst parents/carers learn about different topics based around our 4 pillars of Nutrition, Movement, Sleep and Mind.

It is designed to help children become more active and give them the advice and support to become happy and healthy adults.

You can find out more about it by clicking [here](#). There is a flyer attached for more information.

## Upcoming programmes in your area:

Southern Community Centre (OX11 6HQ) starting on the 18th of April from 5-6pm

**Reminders:****Junior Citizen**

Year 6 children will be taking part in the Junior Citizen trip on Friday 10<sup>th</sup> March.

**International Day**

Those Year 4 children who will be attending Didcot Girls' School on the 8<sup>th</sup> March will need to wear school uniform, and ensure they bring: a coat for the walk, a named water bottle and a **named carrier bag** to collect any items they make on the day. They will eat in school as usual and be back for collection at the end of the day for 3.00pm.

**Prezzo Trip**

Falcons will be going to Didcot Prezzo on Tuesday 7<sup>th</sup> March. The children should bring a plastic bag in case it rains and they need to keep their pizza box dry. They will eat their normal school lunch and take their pizzas home to share with you!