

IT'S TIME TO GET



Safe

Remember not to give out personal information when you're chatting online or posting online. This includes your email address, phone number, password and location.

Meeet

Not everyone is who they say that they are, people you meet online are still strangers. If someone asks you to meet them be sure to tell your parents, carer or teacher. Do not agree to meet someone who has been in touch with you online without a parent or carer present.

Acccepting

Accepting emails or messages from people you don't know can be unsafe. They may contain viruses or horrible messages.

Reliable

Not everything you see online is true. Information is not always accurate and people may sometimes lie about who they are. If you're not sure about something you've seen check it out on other websites and books, or ask a trusted adult.

Tell

Always tell a parent, carer or teacher if someone or something makes you feel uncomfortable or worried.