

PE: Long-term curriculum plan (2020 – 22)



Key Stage One (on a one-year cycle)

Term	PE 1	PE 2
1	Leap into Life	Games
2	Leap into Life	Gymnastics
3	Leap into Life	Dance
4	Leap into Life	Games
5	Leap into Life	Athletics
6	Athletics	Games

Key Stage Two (on a two-year cycle)

Cycle 1 (2021-22)

Lower Key Stage Two (Owls and Falcons)

Term	PE 1	PE 2
1	Football	Athletics / fitness
2	Netball	Gymnastics
3	Rugby	Dance
4	Basketball	Frisbee
5	Rounders	Swimming
6	Athletics	Swimming

Lower / Upper Key Stage Two (Hawks and Kestrels)

Term	PE 1	PE 2
1	Football	Dance
2	Netball	Gymnastics
3	Rugby	Swimming
4	Basketball	Swimming
5	Frisbee	Athletics / fitness
6	Rounders	Athletics

Upper Key Stage Two (Kites and Eagles)

Term	PE 1	PE 2
1	Football	Swimming
2	Netball	Swimming
3	Rugby	Gymnastics
4	Basketball	Dance
5	Frisbee	Athletics / fitness
6	Rounders	Athletics

Cycle 2 (2020-21)

Lower Key Stage Two (Owls and Falcons)

Term	PE 1	PE 2
1	Football	Athletics / fitness
2	Netball	Gymnastics
3	Hockey	Dance
4	Tennis	Cricket
5	Rounders	Swimming
6	Athletics	Swimming

Lower / Upper Key Stage Two (Hawks and Kestrels)

Term	PE 1	PE 2
1	Football	Dance
2	Netball	Gymnastics
3	Hockey	Swimming
4	Tennis	Swimming
5	Cricket	Athletics / fitness
6	Rounders	Athletics

Upper Key Stage Two (Kites and Eagles)

Term	PE 1	PE 2
1	Football	Swimming
2	Netball	Swimming
3	Hockey	Gymnastics
4	Tennis	Dance
5	Cricket	Athletics / fitness
6	Rounders	Athletics

Key Stage Two curriculum for Games is based on a core of 3 sports which are taught in both years of the two year cycle (football, netball and rounders) and a second tier of 6 sports, half of each are taught in year one of the cycle (rugby, basketball and Frisbee) and half in year two (hockey, tennis and cricket).

The second hour of PE each year is made up of Athletics (2 terms each year), swimming (2 terms), dance and gymnastics.